

Instrument Rating Flight Experience Checklist

_____ 50 Hours Total PIC Cross Country Flight Time

_____ 40 Hours Total Actual of Simulated Instrument Time

Dual Instruction Received Flight Time:

_____ 15 Hours of Instrument (actual or simulated) Flight Training from a CFI-I

_____ 1 Cross Country Flight with a CFI-I receiving instrument flight training that is performed under instrument flight rules, when a flight plan has been filed with an air traffic control facility that is at least 250 nautical miles along airways or by directed routing from an ATC facility that includes an instrument approach at each airport and 3 different approaches using instrument navigation systems.

_____ 3 Hours of Dual Instruction Received Flight Training from a CFI-I in preparation for the practical test within the current and/or two preceding months to the practical test by an authorized instructor.