Instrument Rating Required Areas of Logged Ground Training

14 CFR §61.65 (b) Aeronautical knowledge	Date Covered	Ground Time	CFI	Date Covered	Ground Time	CFI	Date Covered	Ground Time	CFI	Date Covered	Ground Time	CFI	Date Covered	Ground Time	CFI
(1) Federal Aviation Regulations of this chapter that apply to flight under IFR;															
(2) Appropriate information that applies to flight operations under IFR in the "Aeronautical Information Manual"															
(3) Air traffic control system and procedures for instrument flight operations;															
(4) IFR navigation and approaches by use of navigation systems;															
(5) Use of IFR en route and instrument approach procedure charts;															
(6) Procurement and use of aviation weather reports and forecasts and the elements of forecasting weather trends based on that information and personal observation of weather conditions;															
(7) Safe and efficient operation of aircraft under instrument flight rules and conditions;															
(8) Recognition of critical weather situations and windshear avoidance;															
(9) Aeronautical decision making and judgment; and															
(10) Crew resource management, including crew communication and coordination.															
CFR §61.65 (c) Flight proficiency															
(1) Preflight preparation;															
(2) Preflight procedures;															
(3) Air traffic control clearances and procedures;															
(4) Flight by reference to instruments;															
(5) Navigation systems;															
(6) Instrument approach procedures;															
(7) Emergency operations; and															
(8) Postflight procedures.															